

Seasonal Staff at Omega

Join Our 2008 Team!

Are you creative, enthusiastic, and interested in bringing health and healing to individuals and our world? Then join the hundreds of people who make up Omega's seasonal staff!

As a nonprofit organization, Omega Institute for Holistic Studies is committed to awakening the best in the human spirit through innovative educational experiences. We host more than 14,000 guests each year and our seasonal staff are critical to keeping our campus running smoothly.

As a seasonal staff member you have the opportunity to practice work as service, which can help transform the lives of our guests and your own life as well. You also have the opportunity to live in community on Omega's campus in beautiful Rhinebeck, New York, and continue your own self-development through our education program.



What You Give & What You Get...

Part-Time, Part-Season Staff

Your Commitment

- 30-hour work week
- Stay for one, two, or three of our 7-week work periods

Our Commitment

- Campsite provided (bring your own tent and gear)
- Three meals per day, mostly vegetarian and vegan
- One two-day or five-day available catalog workshop (restrictions apply)
- Sauna, tennis, volleyball and basketball courts, lake, trails, and more!
- Discounts at the bookstore, cafe, and Wellness Center
- Participation in specially designed staff classes
- Daily classes in yoga, tai chi, meditation, and movement
- Omega concerts, dances, sampler classes, and other campus events

Full-Time, Full-Season Staff

Your Commitment

- 40-hour work week
- Full season commitment: April or May through October

Our Commitment

- \$50 per week (some positions pay more)
- Basic room or trailer, simply furnished, with shared bath
- One two-day or five-day available catalog workshop (restrictions apply)
- Three meals per day, mostly vegetarian and vegan
- Sauna, tennis, volleyball and basketball courts, lake, trails, and more!
- Discounts at the bookstore, cafe, and Wellness Center
- Participation in special staff classes
- Daily classes in yoga, tai chi, meditation, and movement
- Omega concerts, dances, sampler classes, and other campus events



OMEGA

For details or an application, contact us

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